



Republic of the Philippines  
**Department of Education**  
REGION XI  
SCHOOLS DIVISION OF DAVAO DEL NORTE

Office of the Schools Division Superintendent

**DIVISION MEMORANDUM**

CID-2025 – 0015

To: Janette G. Veloso CESO VI- Assistant Schools Division Superintendent  
Eduard C. Amoguis, EdD- Chief, Curriculum Implementation Division  
Public Schools District Supervisors  
Concerned SGOD Personnel  
All district Sports Coordinator  
Private Schools  
All Others Concerned

Subject: **ENHANCED REFRESHER COURSE FOR COACHES**

Date: January 03, 2025

1. Pursuant to Section 6,7,8, and 10 of Rule II of the Implementing Rules and Regulations (IRR) of Republic Act (RA) No. 10588 otherwise known as the Palarong Pambansa Act of 2013, the Division of Davao del Norte shall conduct Enhanced Refresher Course for All Coaches on January 10-12, 2025 at Sto. Tomas National High School.
2. The competencies covered during the affected days of the training can be taught to the learners in advance to ensure they stay on track with their lessons. Similarly, teachers should prepare the learning activity materials ahead of time so these can be used by the substitute teachers handling the classes of those participating in the training. All of this should be done under the supervision of the school principal.
3. A registration of P150.00 for each participant to defray expenses such as: food and snacks for the facilitators, supplies and materials, minimal honorarium for plenary resource speakers, and electricity chargeable against PTA/ personal funds.
4. Service credits/ compensatory overtime credits (COC) shall be granted to the participants pursuant to DepEd Order No. 53, s. 2003.
5. Travel and other incidental expenses of Division Personnel relative to the activity are chargeable against division MOOE while school heads and teachers are chargeable against school MOOE subject to the usual accounting and auditing rules and regulations.
6. A list of resource speakers and a matrix of activities are found in the enclosures.
7. Furthermore, the Equal Opportunities Principle (EOP) shall always be observed in participating in this activity, where all individuals are fully recognized regardless of gender, religion, ethnicity, and political affiliation.

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Address: Mankilam, Tagum City, Davao del Norte

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8. Immediate dissemination of this memorandum is desired.

**REYNALDO B. MELLORIDA, CESO V**  
Schools Division Superintendent

For the Schools Division Superintendent

**EDUARD C. AMOGUIS**  
Chief Education Supervisor, CID

1/2/2025



CID/cet

Fn: Enhanced Refresher Course for Coaches

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## LIST OF RESOURCE SPEAKERS ON REFRESHER COURSE

NO	NAME	DESIGNATION	TOPIC
1	CLEMENTE E. TIMBAL	DIVISION SPORTS OFFICER	MODIFIED PALARO / COACHING METHODOLOGY
2	GIOVANNI I. GULANES	PG SPORTS OFFICER	PERFORMANCE ENHANCEMENT
3	ROGELIO D. JURADA	DSAC	ELIGIBILITY OF ATHLETES AND COACHES
4	DENISE LAGUMBAY	SPORTS SCIENCE OFFICER	SPORTS SCIENCE
5	HENRY JR. S. VILLAROSA, MD	MEDICAL DOCTOR	FOOD AND NUTRITION
6	JUDITH GALANO	PRINCIPAL	ATHLETICS (TRACK)
7	ARNEL LABASAN	SENIOR EDUCATION PROGRAM SPECIALIST	ATHLETICS ( FIELD)
8	ABELARDO JR. D. CARDINAL	PRINCIPAL	ARNIS
9	DENISE LAGUMBAY	TECHNICAL ASSISTANT 1	ARNIS
10	TEODILIZA GUBOC	TEACHER II	BADMINTON
11	ELIAS LIMOTIN	PRINCIPAL	BASEBALL
12	IAN FLOR DOSADO	PRINCIPAL	BASKETBALL
13	WENDEL MAGLENTE	HEAD TEACHER I	BASKETBALL
14	RICARDO JR. OLMEDO	PRINCIPAL IV	BOXING
15	LARRY A. UCOL	PRINCIPAL	BILLIARDS
16	RACHAEL SAMSONA	MASTER TEACHER II	CHESS
17	BRYAN BENEGIAN	TEACHER III	FOOTBALL
18	CRISTOPHER BENEGIAN	MASTER TEACHER I	FUTSAL
19	JOY DARUNDAY	PRINCIPAL	WAG
20	MARGIN S. BENDOY	MASTER TEACHER II	RG
21	WELSON LARA	TEACHER III	MAG
22	Ronald Ambrocio	REACHER III	DANCESPORTS
23	ALDRIN A. MARTINEZ	MASTER TEACHER I	SEPAK TAKRAW
24	GIOVANNI QUIOCHO	PRINCIPAL	SOFTBALL
25	RANDY LUMAPAT	PRINCIPAL III	SWIMMING



26	ARNOLD VILA		TABLE TENNIS
27	PETER RULIDA	TEACHER II	TAEKWONDO
28	ARIEL MACALDE	PRINCIPAL	TAEKWONDO
29	JONELL CARLO MALLORCA	TEACHER III	TENNIS
30	JESSIE LAMSIN	MASTER TEACHER	VOLLEYBALL
31	RESTITUTO DIGAL	PRINCIPAL III	WRESTLING
32	ARNOLD LEONOR	TEACHER I	WUSHU
33	RIZZA PINTON	MASTER TEACHER I	GOAL BALL
34	CHARLENE MAE ALMONTE	SPET II	BOCCE



**Republic of the Philippines**  
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**REGION XI**  
**DIVISION OF DAVAO DEL NORTE**

**ENHANCED REFRESHER COURSE FOR COACHES**  
**JANUARY 10-12, 2025**  
**STO.TOMAS NATIONAL HIGHSCHOOL**  
**SANTO TOMAS, DAVAO DEL NORTE**

DATE	TIME	ACTIVITY	RESPONSIBLE OFFICE/PERSON
January 10, 2025	7:00 – 8:00 AM	Arrival and Registration of Participants	Division Management Team
	8:00 – 8:30:00 AM	Opening Program	Division Management Team
	8:30:00 – 9:30 AM	(Plenary) Course Mechanics	Clemente E. Timbal PSDS / Division Sports Officer
	9:30 AM – 10:00 AM	HEALTH BREAK	
	10:00 AM–11:00 AM	( Plenary Session) Grassroot Development and Performance Enhancement	Giovanni Gulanes PG Department Head ( Provincial Sports Officer)
	11:00 AM – 12:00 NOON	(Plenary Session) Sports Science	Denice Lagumbay Sports Science Specialist Technical Assistant I
	12:00 NOON–1:00 PM	LUNCH BREAK	
	1:00 PM-3:00 PM	(Plenary) Sports Nutrition and Medical Illness	Henry Jr. S. Villasosa, MD. Division Medical Doctor
	3:00 PM-5:00 PM	Accreditation of Athletes and Coaches	Rogelio D. Jurada DSAC

January 11, 2025	8:00 AM–12:00 NOON	Break Out Session Rules and Regulation By Event	Event Facilitators
	12:00 NOON-1:00 PM	<b>LUNCH BREAK</b>	
	1:00 pm-5:00 pm	Break Out Session Rules and Regulation By Event	Event Facilitators
January 12, 2025	8:00 AM-12:00 NOON	<b>Practicum By Event</b>	Event Facilitators
	12:00 Noon-1:00 PM	<b>LUNCH BREAK</b>	
	1:00 pm- 3:00 pm	<b>CLOSING PROGRAM</b> (Distribution of Certificates)	
	3:00 PM-5:00 PM	Home Sweet Home	