



23-09727

Republic of the Philippines  
**Department of Education**  
REGION XI  
SCHOOLS DIVISION OF DAVAO DEL NORTE

Office of the Schools Division Superintendent

February 22, 2023

DIVISION MEMORANDUM  
No. 0065, s. 2023

**REFRESHER COURSE 2023 FOR TECHNICAL OFFICIALS, COACHES,  
SCREENING COMMITTEE AND SECRETARIAT**

To: Dr. Rebecca C. Sagot, Assistant Schools Division Superintendent  
Chief Education Program Supervisor, CID  
Chief Education Program Supervisor, SGOD  
Mr. Clemente E. Timbal, PSDS, Division Sports Officer  
All Public Schools District Supervisors  
All Elementary and Secondary School Heads

In preparation for the Division Meet 2023, this Office shall conduct Refresher Course for Technical Officials, Coaches, Screening Committee and Secretariat on March 3-5, 2023 at Sto. Tomas National High School, Santo Tomas, Davao del Norte.

The objective of the course is to refresh the Technical Officials, Coaches, Screening Committee and Secretariat on the guidelines under Modified Palarong Pambansa. Likewise, it aims to enhance the coaching skills of coaches both in regular and in para-games.

It is also advised that the required competencies that were supposedly taken during those affected dates shall be compressed and to be taken a day ahead to patch-up the one (1) Friday for this activity.

Participants are required to bring the following:

- Medical certificate signed by a Licensed Doctor;
- Authority to Travel signed by an Authorized Official;
- Extra sports attire to be worn during practicum; and
- Php 100.00 for registration fee chargeable against personal funds.

Service credits/compensatory overtime credits (COC) shall be granted to the participants pursuant to DepEd Order No. 53, s. 2003.

Attached are the matrix of activities during the 3-day refresher course and the list of participants.

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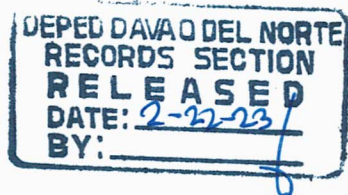
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Office of the Schools Division Superintendent

Immediate dissemination of this memorandum is desired.

**ALLAN G. FARNAZO**  
Director IV  
and concurrent Officer-In-Charge  
Office of the Schools Division Superintendent

For the Schools Division Superintendent



  
**REBECCA C. SAGOT, CESO VI**  
Assistant Schools Division Superintendent

Enclosed: As stated  
CID/cet

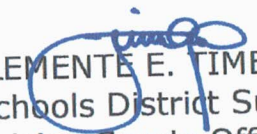




**TRAINING MATRIX**  
**REFRESHER COURSE FOR Technical Officials and Coaches**  
**Sto. Tomas National High School**  
**March 3-5, 2023**

<b>TIME</b>	<b>DAY 1</b>	<b>DAY 2</b>	<b>DAY 3</b>
7:00-8:00	Registration	BREAK OUT SESSION BY EVENTS (Theoretical Input / Rules of the event)	PRACTICUM BY EVENTS
8:00-9:00	Opening Program		
9:00-10:00	Plenary 1 Modified Palaro 2023 (Mr. Clemente E. Timbal - DSO)		
10:00-10:30	Break		
10:30-11:30	Plenary 2 Eligibility of Athletes ( Mr. Rogelio Juarada – DSAC Chair)		
12:00-1:00	L U N C H      B R E A K		
1:00-2:00	Plenary 3 Sports Science ( Ms. Denise Lagumbay – Sports Science Officer)	PRACTICUM BY EVENTS	Mental Exercise ( Clemente E. Timbal )
2:00-3:00	Plenary 4 Food and Nutrition (Jocelyn Cardinal, RN.)		SOLIDARITY MEETING
3:00-4:00	Plenary 4 Sports Medicine and Hydration ( Angeline C. Paulma, MD. )		Closing Program
4:00-5:00	Plenary 5 Coaching Methodology (Clemente E. Timbal – DSO)		

Prepared by:

  
**CLEMENTE E. TIMBAL**  
 Public Schools District Supervisor  
 Division Sports Officer

Approved by:

  
**REBECCA C. SAGOT, CESO VI**  
 Assistant Schools Division Superintendent



Republic of the Philippines  
Department of Education  
REGION XI  
SCHOOLS DIVISION OF DAVAO DEL NORTE

LIST OF OFFICIALS FOR THE DIVISION MEET 2022-2023  
MARCH 10-12,2023

No.	DESIGNATION	S No.	DESIGNATION
<b>ARCHERY</b>		<b>TAEKWONDO</b>	
1	Bernard Eugenio	1	Peter Rulida
2	Anthony Larutin	2	Ariel Macalde
3	Al Quirante	3	Antoinette Isaac
4	SILVER M. VILLACACAN	4	Allan P Caldo
5	THERESA T. EUGENIO	5	Pazzle Arcillo
<b>ATHLETICS</b>		6	Agustin Revilla
1	Judith Galano	7	Evelyn Talagsa
2	Arnel Labasan	8	Allan Roy Returna
3	Ulysis Vito	9	Jessic Canete
4	Meliton Alamillo	10	Editha Cruda
5	Aileen Flores	11	Lita Miranda
6	Benjie Amor Saguban	12	Louh Luminarias
7	Blandeline Pelisan	13	Vanessa Abapo
8	Cecelia Advincula	14	Mary Ian Niniel Macalde
9	Cecelia Buta	15	Jenepher Loquias
10	Edna Cervera	16	Arnold Leonor
11	Romel Sandoval	17	Rosana Leonor
12	Elizabeth Diezca	18	Dave Anthony Galicha
13	Evangeline Singson	<b>TENNIS</b>	
14	Gerlie Limbadan	1	Jonell Carlo Mallorca
15	Gerson Ordanel	2	Avelino Binondo
16	Jefrey Nemis	3	Aileen Onia
17	Jonas Jumao-as	4	Arlene Agunod
18	Joselito Cabasag	5	Ariel Jumamil
19	Joy Obillos	6	Agnes Pardillo
20	Jay Pop Fuentes	7	Jarah Reomero
21	Liza Daragoza	8	Mary Joy Balane
22	Antonio Acupan Jr.	9	Shirly Caday
23	Marichu Pontillas	10	Kiven Mandapiton
24	Marissa Gregas	11	Meri Rose Bute Nugas
25	Mildred Gonzaga	12	Marivic Faeldin
26	Perlita Pementel	13	JALANI OSIC
27	Richell Donasco	<b>VOLLEYBALL</b>	
28	Richelyn Tud	1	Bernard Boyles
29	Rubelyn Aguinaldo	2	Jessie Lamsin
30	Ruth Salarda	3	Anita Roperero
31	Shiela Mae Pinez	4	Dennis Cresencio
32	Vilma Soguilon	5	Christina Parcon
33	Jennifer Candido	6	Leyticia Dayola
34	Gretchen Salvame	7	Maximo Besinga

- 35 Marife Ado
- 36 Flordeme Villacorta
- 37 Gerlin Carpina
- 38 Tito Lao-ay
- 39 Samantha Jane Requillo
- 40 Charisse P. Paraguso
- 41 Diovenil Polestico
- 42 Rodrigo Orogo Jr
- 43 Regie Balaba
- 44 Mark Jay Jabon
- 45 Jean Terre

**ARNIS**

- 1 Abelardo, Jr. D. Cardinal TM
- 2 Rosanna Leonor
- 3 Leonard Sydrick Pajo
- 4 Rogelio Rabe
- 5 Ellen Marie Recla
- 6 Neil Micheal Salcedo
- 7 Archie Mallo
- 8 Riofer Ramos
- 9 Liezel Embay
- 10 Rosemarie Nazareno
- 11 Marvin Loyola
- 12 Cherry Marie Romero
- 13 Christine Manliguis
- 14 Mary Jean Pamplona

**BADMINTON**

- 1 Gerald Gil Gumera TM
- 2 Jove Pagtaconan
- 3 Teodiliza Guboc
- 4 Joy Copuz
- 5 Berdelle Lagutan
- 6 Daisy Jean Alinsud
- 7 Cee Jae Darunday
- 8 Arlyn Suazo
- 9 Amie Glee Duclayan
- 10 Rio B. Grapa
- 11 Florentino Perez, Jr.
- 12 Glenda Villarino
- 13 Jocelyn Samsona
- 14 Judy Babor
- 15 Mercedita Fuentes
- 16 Michelle Bacalso
- 17 Rex Belonio
- 18 Rodney Café
- 19 Vevien Catiempo
- 20 Zennia Esperil
- 21 Joven Zonio
- 22 Roche Barnido
- 23 Maricel Celi
- 24 Ana Marie Villarin

- 8 Jessie Fortuna
- 9 Gia Genovia
- 10 Jovic Saguing
- 11 Paulo Brann Bacaron
- 12 Cheruel Guliban
- 13 Jessica Montes
- 14 Lois Camille Manos
- 15 Deodatu Saliling
- 16 Raul Consencino
- 17 Vandam Arangis
- 18 Ray Jhon Sanoria
- 19 Jonathan Amanzor
- 20 Mary Joy Aguinaldo
- 21 Nolive Benegian
- 22 Hermart Pandan
- 23 Garry Talaugon
- 24 Antonio Aquino

**WUSHU**

- 1 Baby Myrna S. Painagan TM
- 2 Fritzie L. Corbin
- 3 Arnold Leonor
- 4 Jezreel Apelo

**SOFTBALL**

- 1 Giovanni Quiocho TM
- 2 Buenaventura Selgas
- 3 Ellen Grace Langreo
- 4 Flor Pangan
- 5 Glend Buctuanon
- 6 Jonard Corpuz
- 7 Emmanuelito Odchigue
- 8 Mae Nagaliza
- 9 Daniel Banas
- 10 Elaiza Superioridad
- 11 Mae Arcenal
- 12 Mauro Daite
- 13 Anna Lizel Hingco
- 14 Elmer Gemar
- 15 Georgina Ormega

**SWIMMING**

- 1 Randy T. Lumapat TM
- 2 Marry Ann V. Agonia
- 3 Marylyn F. Angoy
- 4 Mardeloz M. Albarico
- 5 Jovie Jane Lomocso
- 6 Jovemie P. Tagpuno
- 7 Christian Grace A. Mones
- 8 Genevie C. Avellana
- 9 Juliet T. Pemintel
- 10 Jovelyn Medel

**TABLE TENNIS**

- 1 Arnold Vila TM

**BASEBALL**

- |    |                        |               |
|----|------------------------|---------------|
| 1  | Nestor Laredo          | TM SECONDARY  |
| 2  | Elias Limotin          | TM ELEMENTARY |
| 3  | Cristopher Bryan Magat |               |
| 4  | Eric Ampoloqio         |               |
| 5  | Estiphane Vicente      |               |
| 6  | Erano dela Torre       |               |
| 7  | Royo, Ellen P.         |               |
| 8  | Magdoza, Joey D.       |               |
| 9  | Ma. Cecelia Dawal      |               |
| 10 | Noel Owen Miranda      |               |
| 11 | Angteg, Karen Joyce    |               |
| 12 | Edel Butlig            |               |
| 13 | Jaylord Marsamololo    |               |
| 14 | Torales, Eric John     |               |
| 15 | Batoon, Cyril Jan C.   |               |
| 16 | Rentuza, Orlan Q.      |               |
| 17 | Rojas, Marife L.       |               |
| 18 | Binasbas, Emma         |               |
| 19 | Noel Apostol           |               |

**BASKETBALL**

- |    |                    |               |
|----|--------------------|---------------|
| 1  | Ian Flor Dosado    | TM-SECONDARY  |
| 2  | Wendell Maglente   | TM-ELEMENTARY |
| 3  | Bobby Supnet       |               |
| 4  | Arden Recto        |               |
| 5  | Arnel Timbal       |               |
| 6  | Arthur Mesoles     |               |
| 7  | Jessa Mae Rabe     |               |
| 8  | Elden Derutas      |               |
| 9  | Vanessa Aque       |               |
| 10 | Illuminado Sajol   |               |
| 11 | George Padogdog    |               |
| 12 | Irene Camado       |               |
| 13 | Jay-Ar Taguan      |               |
| 14 | Jowe Lucero        |               |
| 15 | Leoplodo Robles    |               |
| 16 | PJ Ferrer          |               |
| 17 | Rendel Miranda     |               |
| 18 | SHEILA ALBERCA     |               |
| 19 | Ronald Repocelo    |               |
| 20 | Daryl T. Tanguan   |               |
| 21 | Suriel Butihin     |               |
| 22 | Jhonny Boy Legaspi |               |
| 23 | Danirico Magdula   |               |
| 24 | Ritchie Gomez      |               |
| 25 | Allan Matunhay     |               |
| 26 | Dennis Sulatario   |               |
| 27 | TONY DAGANSINA     |               |

**BOXING**

- |   |                |    |
|---|----------------|----|
| 1 | Ricardo Olmedo | TM |
| 2 | RACHELLE ACLO  |    |

- |    |                   |
|----|-------------------|
| 2  | Dexter Baldonado  |
| 3  | Shiela Ann Ramos  |
| 4  | Maryjane Butlig   |
| 5  | Merlyn De Ramos   |
| 6  | Rowena Enaro      |
| 7  | Retchie Salcedo   |
| 8  | josie machado     |
| 9  | Diana Ross Luga   |
| 10 | Julius Grejaldo   |
| 11 | Roselyn Malazarte |
| 12 | Marites Librando  |
| 13 | Jimboy Maureal    |
| 14 | Joan Vila         |
| 15 | Rolando Alamillo  |

**SECRETARIAT**

- |    |                        |             |
|----|------------------------|-------------|
| 1  | Gay Taguiran           | CHAIR       |
| 2  | Dr. Ana Redaniel       | ASST. CHAIR |
| 3  | Norhan Jalmaani        |             |
| 4  | Romela Panganduyon     |             |
| 5  | Nimfa Alfar            |             |
| 6  | Cristine Grace Calumba |             |
| 7  | Alma Consencino        |             |
| 8  | Elinita Ramos          |             |
| 9  | Lorelie Sesaldo        |             |
| 10 | Vincent Garsuta        |             |
| 11 | Joan Dalisay           |             |
| 12 | Joan Castro            |             |
| 13 | Dr. Armando Olmedo     |             |

**SCREENING COMMITTEE**

- |    |                         |       |
|----|-------------------------|-------|
| 1  | Rogelio D. Jurada       | CHAIR |
| 2  | Janeth E. Audiencia     |       |
| 3  | Arnulfo P. Pacana       |       |
| 4  | Rolina S. Sorono        |       |
| 5  | Edwin B. Luceno         |       |
| 6  | Rodolfo O. Fernandez    |       |
| 7  | Rochelle R. Capon       |       |
| 8  | Marites D. Fernandez    |       |
| 9  | Phoebe Grace C. Eran    |       |
| 10 | Arlyn P. Murillo        |       |
| 11 | Joe Art R. Cervera      |       |
| 12 | Ronnie Publico          |       |
| 13 | Divina G. Aplaon        |       |
| 14 | Ronyr B. Ramos          |       |
| 15 | Allan J. Paglinawan Jr. |       |
| 16 | Ligaya A. Bolo          |       |
| 17 | Glenda Sibonga          |       |
| 18 | Romeo Dugeno            |       |
| 19 | Elsie P. Lucino         |       |
| 20 | Christine E. Paulican   |       |

- 3 Erwin Concubierta
- 4 JUDITH ASENJO
- 5 Aren Roferos
- 6 Bernard Anoba
- 7 GREGGY LATRAS

**BILLIARDS**

- 1 LARRY A. UCOL TM
- 2 JONATHAN MANDIN
- 3 RONYR RAMOS
- 4 JOHN CARLO M. PACANA
- 5 JOLINA ABANTO
- 6 GRACE ENDAB
- 7 LOUIE QUIBO
- 8 FRANK MATILDO
- 9 EARL JEMAR ESTRADA
- 10 LEVI MOLINA

**CHESS**

- 1 Rachael Samsona TM
- 2 Marecris Cresencio
- 3 Evelyn Plnote
- 4 Bernard Albutra
- 5 Gina Palomata
- 6 Yvonne Chavez
- 7 Faith Relampagos
- 8 Marites Caluban
- 9 Marry Ann Cortez
- 10 Fritz Ferolino
- 11 Jimmy Esponilla
- 12 Virginia Secretaria
- 13 Renzo Cortez
- 14 Cruz, Danny
- 15 TIMBAL, JAY

**FOOTBALL**

- 1 Bryan Benegian TM
- 2 Ricky Grejaldo-Elem
- 3 Clark Demonteverde
- 4 Jessrel Bautista
- 5 Reagan Diola
- 6 Rolando Jurdas
- 7 Jireh Israel
- 8 Jonard Abanto
- 9 Benjelita Batao
- 10 Lineth Adorable
- 11 Marlyn Varquez
- 12 Imelda Rebaya
- 13 Ian Rosilo
- 14 Judelyn Rosales
- 15 Reynaldo Garcia

**FUTSAL**

- 1 Cristopher Benegian TM
- 2 Harold Librea

**SEPAK TAKRAW**

- 1 Aldrin A. Martinez TM
- 2 Gabriel Angelo G. Dadula
- 3 Alvin O. Belleza
- 4 Francisco Onez
- 5 Simeon Ras, Jr.
- 6 Czarinna Timbal
- 7 Joyce Paler
- 8 Keziah Lou Benegian
- 9 Glenn Timbal
- 10 Nelie A. Mallorca
- 11 Renante Cercado
- 12 Ritchel Anocop
- 13 Mary Ann Amores
- 14 Joethamry T. Genovia

- 3 Bedril Udtohan
- 4 Beverly Sereno
- 5 Etchel Vergara
- 6 Jonathan Brillas
- 7 Zito Trabucon
- 8 Katrina Ignalig
- 9 Lalaine Dumana
- 10 Neneth Enero
- 11 Roniel Ignalig
- 12 Rowel Paul Calinga
- 13 Val AJ Pasa
- 14 Louie Manacap

#### **GYMNASTICS**

- |    |                      |                |
|----|----------------------|----------------|
| 1  | Joy Darunday         | TM-WAG         |
| 2  | Margin S. Bendoy     | TM-RG          |
| 3  | Wilson Lara          | TM-MAG         |
| 4  | Ronald Ambrocio      | TM-DANCESPORTS |
| 5  | Shirley Gaco         |                |
| 6  | Charlene almonte     |                |
| 7  | Jocelyn Buncalan     |                |
| 8  | Ruby Vito            |                |
| 9  | Ronald Ambrocio      |                |
| 10 | Juvy Nacario         |                |
| 11 | Marvie Cardano       |                |
| 12 | Marilou P. Cubero    |                |
| 13 | Bevilyn Federiso     |                |
| 14 | Dominador Dayson     |                |
| 15 | Gladys Chatto        |                |
| 16 | Medardo Abellano Jr. |                |
| 17 | Shiela Suarez        |                |