



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DAVAO DEL NORTE

Office of the Schools Division Superintendent

MARCH 13, 2023

DIVISION MEMORANDUM

No. 0087 s. 2023

**ANNUAL MEDICAL AND DENTAL EXAMINATION TO TEACHING AND NON -
TEACHING PERSONNEL FOR SECONDARY SCHOOLS**

TO: Assistant Schools Division Superintendent
Chief Education Supervisor, Curriculum Implementation Division (CID)
Chief Education Supervisor, School Governance and Operation Division (SGOD)
Public Schools District Supervisors
School Heads, Integrated and Secondary Schools

1. Pursuant to the DepEd Memo.22, s.2015 entitled Annual Physical Examination of DepEd Employees (Teaching and Non- teaching Personnel) shall undergo annual physical examination in compliance with the Civil Service Commission Memorandum Circular No. 17, s.1989.
2. The medical and dental examination ensures that all employees are healthy considering that their physical well- being has a significant impact on the delivery of services.
3. The following diagnostic tests shall be required:
 1. Chest X-ray PA view (except for pregnant women). Pregnant women are required to submit Sputum Analysis in lieu of chest X-ray.
 2. Complete Blood Count; and
 3. Urinalysis
4. Personnel with existing comorbidities (e.g. Hypertension, Diabetes Mellitus, Chronic kidney Disease, Cardiovascular Diseases etc.) are encouraged to have the following:
 1. Lipid profile
 2. Fasting Blood Sugar
 3. Serum Creatinine
 4. SGPT/SGOT



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5. Serum Uric Acid
6. ECG 12L with reading
5. Female employees who are 30 years old and above, and sexually active are encouraged to have Pap Smear for 3 consecutive years, if with normal results, subsequent screening will be done every 3 years. Pap smear test is for early detection of Cervical Cancer.
6. Laboratory examination shall be done one week before your scheduled date.
7. Please see the attached scheduled for the annual medical and dental examination of Teaching and Non- Teaching Personnel. Form 86 and its attachments (Laboratory results) will be submitted to the DepED Medical Officer for assessment.
8. Please see the attached Dental form for the examination.
9. No compliance with examination shall require the employee to tender a written letter of explanation. This shall be submitted to the School Health Section for individual file.
10. No disruption of classes shall be observed.
11. For strict compliance.

ALLAN G. FARNAZO

Director IV
And Concurrent Officer -In-Charge
Office of the Schools Division Superintendent



For the Schools Division Superintendent:

REBECCA C. SAGOT, CESO VI
Assistant Schools Division Superintendent

Enclosure: As stated
SGOD – HNS/ACP



Republic of the Philippines
Department of Education
HEALTH AND NUTRITION CENTER
Pasig City

**ORAL HEALTH EXAMINATION RECORD FOR TEACHING
AND NON-TEACHING PERSONNEL**

Name: _____ Age: _____ Gender: _____
Date of Birth: _____ Marital Status: _____
Region: _____ Division: _____ District: _____ School: _____
Designation: _____

- Medical History:
- | | | |
|---|--|------------------------------------|
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Allergies |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Bleeding Disorder | <input type="checkbox"/> Others: |
| <input type="checkbox"/> Cardio Vascular Dis. | <input type="checkbox"/> Asthma | |

DENTITION STATUS Please Specify **INDEX : DMFT**

Status	18	17	16	15	14	13	12	11	21	22	23	24	25	26	27	28
	48	47	46	45	44	43	42	41	31	32	33	34	35	36	37	38
Status																

No. of T/Decayed	X -
	F -
No. of T/Missing	
No. of T/Filled	
Total	

TREATMENT RECORD

DATE	TOOTH NO.	NATURE OF OPERATION	REMARKS	DENTIST

- Periodontal Condition:
- Normal
- Gingivitis
- Periodontal Disease
- Other Abnormal Conditions _____

- DENTAL PROSTHESES**
- Denture wearer: Y N
- Please Specify: _____
- Need for Denture: Y N
- Please Specify: _____

Remarks: _____

Remarks: _____

Remarks: _____

Please Specify

SYMBOLS FOR MOUTH EXAMINATION

- | | |
|--|--|
| X - Carious tooth indicated for extraction | F2 - Permanently filled tooth with recurrence of decay |
| F - Carious tooth indicated for filling | Heavy Shade - Permanent filling |
| RF - Root fragment | Outline of filling - tooth w/ temporary filling |
| O - Missing tooth | |

Artificial Restoration:

- JC - Jacket Crown
AB - Abutment
P - Pontic
I - Inlay
RPD - Removable Partial Denture
FB - Fixed Bridge
CD - Complete Denture

SYMBOLS FOR ACCOMPLISHMENT

- | | |
|--------------------------------|---------------------------------|
| OP - Oral Prophylaxis | ZnO F - Zinc Oxide Filling |
| Xt - Extracted permanent tooth | R - Referred to private dentist |
| Ag F - Amalgam Filling | |
| Sy F - Synthetic porcelain | |
| GIC - Glass Ionomer Cement | |

SCHEDULE FOR ANNUAL PHYSICAL EXAMINATION 2023

DATE		SCHOOL	DISTRICT	NURSE ASSIGNED
MAR 23, 2023	AM	STA FE NHS;	NEW CORELLA	ARMI H. MULIT, RN
	PM	MESAQY NHS; LIMBAAN NHS;		
MAR 29, 2023	AM	SONLON NHS	SAN ISIDRO	CATHERINE P. CANTALEJO, RN
	PM	SAGAYEN NHS		
MAR 30, 2023		NEW CORELLA NHS	NEW CORELLA	ARMI H. MULIT, RN
APR 5, 2023	AM	NATULINAN NHS, DJALMNHS	TALAINGOD	ZAIDA Y. CAMID, RN
	PM	STO NINO NHS; DAGOHOY NHS		
APR 6, 2023	AM	BALTAZAR NICOR VALENZUELA NHS; MABANTAO NHS	KAPALONG	CONSTANT DAVE G. CABERTO, RN
	PM	RAMON SEGUNDO SR. NHS; SUA-ON NHS		
APR 12, 2023		ASUNCION NHS	ASUNCION	CATHERINE P. CANTALEJO, RN
APR 13, 2023	AM	DATU BALONG NHS; PINAMUNO NHS	SAN ISIDRO	CATHERINE P. CANTALEJO, RN
	PM	SAWATA NHS; LINAQ NHS		
MAY 3, 2023	AM	LA LIBERTAD NHS	STO TOMAS	DOREEN G. OPIANA, RN
	PM	MARSMAN NHS		
MAY 4, 2023	AM	SALVACION NHS; KIMAMON NHS	STO TOMAS	DOREEN G. OPIANA, RN
	PM	KINAMAYAN IS		
MAY 10, 2023		STO TOMAS NHS	STO TOMAS	DOREEN G. OPIANA, RN
MAY 11, 2023		STO TOMAS NHS	STO TOMAS	DOREEN G. OPIANA, RN
MAY 17, 2023	AM	BALAGUNAN NHS	STO TOMAS	DOREEN G. OPIANA, RN
	PM	TULALIAN NHS		
MAY 18, 2023	AM	ALEJAL NHS; ANIBONGAN NHS	CARMEN	HANNAH GRACE L. PELAEZ, RN
	PM	CARMEN NHS		
MAY 24, 2023	AM	DUJALI NHS	DUJALI	HANNAH GRACE L. PELAEZ, RN
	PM	ANTONIO V. FRUTO NHS		
MAY 25, 2023	AM	TUBOD NHS; ALIA NHS	CARMEN	HANNAH GRACE L. PELAEZ, RN
	PM	CARMEN NHS; LAPAZ NHS		
MAY 31, 2023	AM	TANGLAW NHS; MABUHAY NHS	CARMEN	HANNAH GRACE L. PELAEZ, RN
	PM	CARMEN NHS		
JUNE 1, 2023	AM	BENIGNO Q. MARTIR NHS	KAPALONG	CONSTANT DAVE G. CABERTO, RN
	PM	DUGAYAN NHS		
JUNE 7, 2023	AM	LUNA NHS; SEMONG NHS; DONA CARMEN NHS	KAPALONG	CONSTANT DAVE G. CABERTO, RN
	PM	KAPALONG NHS		
JUNE 8, 2023		KAPALONG NHS	KAPALONG	CONSTANT DAVE G. CABERTO, RN