



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DAVAO DEL NORTE

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Office of the Schools Division Superintendent

DIVISION MEMORANDUM
SGOD-2022-103

To: Assistant Schools Division Superintendent
Chief Education Program Supervisor, Curriculum Implementation Division
Chief, Education Program Supervisor, School Governance and Operations Division
Education Program Supervisors, Curriculum Implementation Division
Education Program Supervisor, School Governance and Operations Division
Public Schools District Supervisors
Public School Heads, Integrated, Elementary and Secondary Schools

Subject: **REMINDER ON THE IMPLEMENTATION OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (PSS) ACTIVITIES FOR THE FULL IMPLEMENTATION OF IN-PERSON CLASSES**

Date: November 4, 2022

The Disaster Risk Reduction and Management Service (DRRMS) requests **all schools that began their in-person class implementation on November 2, 2022 to conduct and facilitate Mental Health and Psychosocial Support Services (MHPSS) activities for learners as well as personnel during the first hour of the first five days up to two weeks of classes.**

In line with this, all concerned are advised to review the attached DRRMS Memorandum No. 10-24-2022-0002 for the detailed instructions and links. Also, School DRRM Coordinators may coordinate with the Division DRRM Focal Person for technical assistance regarding the conduct of MHPSS.

Further, the implementation of MHPSS activities and conduct of PSS in the classrooms must be reported through the links provided by the DRRMS.

Everyone is enjoined to continually support and recognize the value of equality and diversity as well as ensure STRICT adherence to the health and safety protocols in all undertakings relevant to the activity.

For compliance.

ALLAN G. FARNAZO

Director IV

and concurrent Officer-In-Charge
Office of the Schools Division Superintendent

For the Schools Division Superintendent:

REBECCA C. SAGOT, CESO VI

Assistant Schools Division Superintendent

Enclosed as stated
SGOD/mks



Received



K. SACOT /

Republic of the Philippines
Department of Education
DAVAO REGION

Office of the Regional Director

REGIONAL MEMORANDUM
ESSD-2022-235

To : Schools Division Superintendents

Subject: REMINDER ON THE IMPLEMENTATION OF MENTAL
HEALTH AND PSYCHOSOCIAL SUPPORT (PSS)
ACTIVITIES FOR UPCOMING FULL IMPLEMENTATION
OF IN-PERSON CLASSES

Date : November 2, 2022

Herewith is the DRRMS Memorandum No. 10-24-2022-0002 dated October 21, 2022 from Ronilda R. Co, Director IV, Disaster Risk Reduction and Management Services, Department of Education, regarding the Implementation of Mental Health and Psychosocial Support Activities for Upcoming Full Implementation of In-Person Classes.

In this connection, it is hereby requested that all schools that are beginning their in-person class implementation this November 2, 2022 to conduct and facilitate Mental Health and Psychosocial Support (MHPSS) activities for learners as well as personnel.

Immediate and wide dissemination of this Memorandum desired.

ALLAN G. FARNAZO
Director IV

ROE6/jav

22-9274
11/02/22



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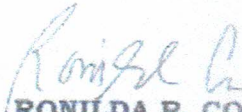


MEMORANDUM
No: DRRMS-10-24-2022-0002

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FOR : **Regional Directors**
BARMM Minister of Basic, Higher, and Technical Education
Schools Division Superintendents
Regional and Division DRRM Coordinators
Regional and Division School Health and Nutrition Personnel
Regional and Division Youth Formation Coordinators
Regional and Division Guidance Counselors/Designates
School Heads
All Others Concerned

THROUGH : **ATTY. REVSEE A. ESCOBEDO**
Undersecretary for Governance and Field Operations

FROM : 
RONILDA R. CO
Director IV, Disaster Risk Reduction and Management Service

SUBJECT : **REMINDER ON THE IMPLEMENTATION OF MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT ACTIVITIES FOR UPCOMING FULL IMPLEMENTATION OF IN-PERSON CLASSES**

DATE : 21 OCTOBER 2022

In line with Memorandum Nos. OUA MEMO 00-0522-0002 and DRRMS-08-20-2022-0002 titled "Psychosocial Support References and Materials for the Progressive Expansion of Face-to-Face Learning Modality" and "Dissemination of the Psychosocial Support Activity Pack (All Levels): A Teacher's Guide and Psychosocial Evaluation" respectively, and in line with the full implementation of in-person classes per DepEd Order No. 34, s. 2022, the Disaster Risk Reduction and Management Service (DRRMS) would like to **request all schools that are beginning their in-person class implementation this November 02, 2022 to conduct and facilitate Mental Health and Psychosocial Support (MHPSS) activities for learners as well as personnel** (i.e., use of the Psychosocial Support Activity Pack for learners, mobilization of trained Psychological First Aid (PFA) providers as needed, *Kumustahan* groups, among others) during the first hour of the first five days up to two weeks of classes.

To aid the schools in their preparation for the full implementation of in-person classes, teachers and other school personnel may refer to the link (<https://bit.ly/F2FMHPSSResources>) for reference. Specifically, teachers or class

advisers are advised to read and refer to the Psychosocial Support Activity Pack (All Grade Levels): A Teacher's Guide, and go over the videos of the Learning Sessions on psychosocial support activity facilitation to be able to conduct the activities in the classroom, and assist learners to adjust back to in-person classes through these activities. A complete list of the materials included in the link is provided in Annex A.

On the other hand, other MHPSS materials for further reference and use can be accessed through this link: <https://bit.ly/MHPSSPublicResources>.

The conduct and facilitation of psychosocial support activities are subject to the monitoring and evaluation of DRRMS. Thus, school heads and teachers are directed to comply with the reporting requirements through the Monitoring and Evaluation Guide provided in Annex B. For schools beginning their in-person classes this November 2, 2022, the deadline for reporting of the implementation of MHPSS activities and conduct of PSS in the classrooms is by January 9, 2023.

It should be noted that schools that had already begun their in-person classes last August 22, 2022 need not implement the MHPSS activities again.

For more information, please contact **Ms. Amina Aisa Boncales** via email at dcnna.mhpss@deped.gov.ph.

Thank you.

Annex A: References and Materials for Mental Health and Psychosocial Support for the Implementation of In-person Learning Modality

All DRRMS MHPSS materials can be accessed through the link <https://bit.ly/MHPSSPublicResources>.

Within this folder are the MHPSS resources for face-to-face learning modality. For quick access, these materials can be found at the link: <https://bit.ly/F2FMHPSSResources>.

It is best to view the videos according to the sequence below. By viewing the videos in that order, participants will gain a holistic understanding of conducting mental health and psychosocial support activities for learners.

Reference / Material	Description	Direct Link
<i>Learning Session on the Whole-of-School Approach to Mental Health Program</i>	A discussion on the comprehensive integration of mental health programs in schools - considering all the stakeholders of the education sector and also including a discussion on caring for carers and providers. Through this discussion, participants will be able to situate the conduct of mental health & psychosocial support activities for face-to-face learning modality in the greater advocacy towards providing holistic mental health for learners.	https://bit.ly/LSWholeOfSchool
<i>Recorded Livestream of the Learning Session on the Conduct and Facilitation of Psychosocial Support Activities</i>	A discussion that includes a demonstration of conducting psychosocial support activities in the classrooms. It explains the rationale of PSS, and its end-to-end conduct in the classroom, as well as answers some Frequently Asked Questions from personnel.	For Kindergarten to Grade 6 Teachers: https://bit.ly/K6PSSLearnSeshAug (or access it through the DepEd Official Facebook Page here: https://fb.watch/rUsGXXyA66/) For Grade 7 to Senior High School Teachers: https://bit.ly/7SHSPSSLearnSeshAug (or access it through the DepEd Official Facebook Page here: https://fb.watch/IDskm4Oj6R/)
<i>Psychosocial Support Activity Pack (All Levels): A Teacher's Guide</i>	A comprehensive teacher's guide for the end-to-end conduct and facilitation of PS	https://bit.ly/PSAP2_AllLevels

	<p>activities. Includes rationale of PS, important reminders and notes on the conduct of PS (i.e., setting up space, materials to be used, observing 'red flags', etc.), and complete activity guides.</p>	
<p><i>Psychosocial Evaluation Guide</i></p>	<p>A comprehensive psychosocial support evaluation tool and guide for teachers facilitating psychosocial support activities in the classroom. It aims to quickly assess how learners are responding to the psychosocial support activities, and gauge their overall adjustment to the transition to face-to-face learning modality. Learners' responses in the evaluation form can inform teachers which psychosocial aspect to focus on and which activity to facilitate further to support the learners. The implementation of the Psychosocial Support Evaluation Guide must coincide with the implementation of the Psychosocial Support Activity Pack.</p>	<p>https://bit.ly/PSE_Guide_Printable</p>

Annex B: Guidelines for Monitoring and Evaluation of Psychosocial Support Activities for the In-Person Classes

The Psychosocial Evaluation Guide will quickly assess how learners respond to the activities and gauge their overall adjustment to the transition to In-Person Classes through specific items aligned with the *Psychosocial Support Activity Pack*. It can inform teachers which psychosocial skills to focus on and consistently conduct classroom activities. More information regarding the Psychosocial Evaluation is enclosed in this memo.

- a. To be administered by teachers or class advisers who were trained and/or oriented on conducting and facilitating psychosocial support activities for learners.
- b. To be completed by learners participating in in-person classes.
- c. To be administered and completed before the facilitation of the first psychosocial support activity and after the facilitation of the last psychosocial support activity (pre- and post-evaluation design).
- d. To be collected by teachers and then collated through this response template: https://bit.ly/PSK_ResponseForm. The collated responses shall be submitted to the School Heads
- e. To be submitted by and through School Heads to DRRMS through this reporting link: https://bit.ly/PS6_ReportingForm.