# Department of Education

REGION XI SCHOOLS DIVISION OF DAVAO DEL NORTE RECORDS SECTION
RECORDS SECTIO

## Office of the Schools Division Superintendent

OFFICE MEMORANDUM SGOD-2022-037

To:

School Health Personnel

Subject:

DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND, FOOT AND

**MOUTH DISEASE** 

Date:

November 21,2022

- 1. Attached is the from the Office of the Undersecretary for the Governance and Field Operations No.2022-03-1690 dated October 19,2022, with the same subject.
- The Department of Education Reginal Office XI, through the Education Support Services -Scholl Health Division (BLSS-SHD), disseminates the Department of Health's (DOH) public health advisory (Annex A) against the highly infectious Hand, Foot and Mouth Disease (HFMD) common in young children.
- 3. This is to ensure the safety learners amidst an outbreak of the disease in several towns in Batangas province, particularly in the areas of San Pascual and Cuenca, wherein over 100 children have been reported to have caught the highly infectious viral infection, prompting the suspension of face to face classes in all public and private schools from elementary to secondary.
- 4. In line with this, all schools health personnel in this Division should strategize in educating the learners to practice /strengthen preventive habits or minimum public health standards against viral infection such as frequent handwashing and observing health and safety measures such as wearing a face mask and proper sneezing/coughing practices by covering one's mouth when sneezing or coughing to avoid the transmission of infection.
- Equal Opportunity Principle (EOP) in all endeavors for all teaching, non-teaching personnel and learners of the Division of Davao del Norte, shall be strictly observed.
- At all times, please be reminded of the observance of the new normal Local IATF health protocols.
- Immediate and wide dissemination of this Memorandum is desired.



Address: Mankilam, Tagum City, Davao del Norte

Telephone Number: (084) 216 0188

Website: www.depeddavnor.ph | Facebook: DepEd Davao del Norte



#### **ALLAN G. FARNAZO**

Director IV

And Concurrent Officer In-Charge
Office of the Schools Division Superintendent

For the Schools Division Superintendent:

REBECCA C. SAGOT, CESO VI
Assistant Schools Division Superintendent

Enclosure: As stated SGOD/SHS/acc

Page 2 of 2





# Department of Education

DAVAO REGION

### Office of the Regional Director

REGIONAL MEMORANDUM ESSD-2022-234

To

Schools Division Superintendents

Subject:

DISSEMINATION OF DOH'S PUBLIC ADVISORY

ON HAND, FOOT, AND MOUTH DISEASE

Date :

November 2, 2022

Attached is the Memorandum from the Office of the Undersecretary for Governance and Field Operations No. 2022-03-1690 dated **October 19, 2022**, with the same subject.

The Department of Education, through the Bureau of Learner Support Services - School Health Division (BLSS-SHD), disseminates the Department of Health's (DOH) public health advisory (Annex A) against the highly infectious Hand, Foot, and Mouth Disease (HFMD) common in young children.

This is to ensure the safety of the learners amidst an outbreak of the disease in several towns in Batangas province, particularly in the areas of San Pascual and Cuenca, wherein over 100 children have been reported to have caught the highly infectious viral infection, prompting the suspension of face-to-face classes in all public and private schools from elementary to secondary.

In line with this, all school health personnel in this Region should strategize in educating the learners to practice/strengthen preventive habits or minimum public health standards against viral infection such as frequent handwashing and observing health and safety measures such as wearing a face mask, and proper sneezing/coughing practices by covering one's mouth when sneezing or coughing to avoid the transmission of infection.

Immediate and wide dissemination of this Memorandum is desired.

ALLAN G. FARNAZO

Director IV

By the Authority of the Regional Director:

ROE/smtc

Enclosed: As stated Date/6.3:

Address: F. Torres St., Davao City (8000) Telephone Nos.: (082) 291-1665; (082) 221-6147

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# Department of Education

OFFICE OF THE UNDERSECRETARY GOVERNANCE AND FIELD OPERATIONS

OUGFO No. 2022-03- (696 MEMORANDUM 19 October 2022

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FOR

Regional Directors and BARMM Minister of Education

Schools Division Superintendents

School Health Personnel

Public and Private Elementary and Secondary School Heads and

**Teachers** 

All Others Concerned

FROM

ATTY, REVSEE A. ESCOBEDO

Undersekretary for Governance and Field Operations

SUBJECT

DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND.

FOOT, AND MOUTH DISEASE

This Office, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), disseminates the Department of Health's (DOH) public health advisory (Annex A) against the highly infectious Hand, Foot, and Mouth Disease (HFMD) common in young children.

This is to ensure the safety of the learners amidst of an outbreak of the disease in several towns in Batangas province, particularly in the areas of San Pascual and Cuenca, where over 100 children have been reported to have caught the viral infection, prompting the suspension of face-to-face classes in all public and private schools from elementary to high school.

In this regard, teachers and school health personnel are encouraged to educate the learners to practice preventive habits such as frequent hand-washing and to observe health and safety measures such as wearing of face mask and covering one's mouth when sneezing or coughing to avoid the transmission of infection.

For more information on this subject, please contact Dr. Maria Corazon C. Dumlao, Chief Program Officer, BLSS-SHD, through (02) 8632-9935 or email at blss.shd@deped.gov.ph.

For immediate dissemination.



# Department of Education

OFFICE OF THE UNDERSECRETARY
GOVERNANCE AND FIELD OPERATIONS

OUGFO No. 2022-03-16% MEMORANDUM
19 October 2022

FOR

Regional Directors and BARMM Minister of Education

Schools Division Superintendents

School Health Personnel

Public and Private Elementary and Secondary School Heads and

Teachers

All Others Concerned

FROM

ATTY. REVSEE A. ESCOBEDO VG

Undersecretary for Governance and Field Operations

**SUBJECT** 

DISSEMINATION OF DOH'S PUBLIC ADVISORY ON HAND,

FOOT, AND MOUTH DISEASE

This Office, through the Bureau of Learner Support Services-School Health Division (BLSS-SHD), disseminates the Department of Health's (DOH) public health advisory (Annex A) against the highly infectious Hand, Foot, and Mouth Disease (HFMD) common in young children.

This is to ensure the safety of the learners amidst of an outbreak of the disease in several towns in Batangas province, particularly in the areas of San Pascual and Cuenca, where over 100 children have been reported to have caught the viral infection, prompting the suspension of face-to-face classes in all public and private schools from elementary to high school.

In this regard, teachers and school health personnel are encouraged to educate the learners to practice preventive habits such as frequent hand-washing and to observe health and safety measures such as wearing of face mask and covering one's mouth when sneezing or coughing to avoid the transmission of infection.

For more information on this subject, please contact Dr. Maria Corazon C. Dumlao, Chief Program Officer, BLSS-SHD, through (02) 8632-9935 or email at blss.shd@deped.gov.ph.

For immediate dissemination.



# Hand, Foot, and Mouth Disease

Hand, foot, and mouth disease (HFMD) is a common viral illness of infants and children. It should not be confused with foot-



and-mouth (also called hoof-and-mouth) disease of cattle, sheep, and swine. Infected individuals are most contagious during the first week of their illness. HFMO cannot be contracted from pets or animals. Incubation period is 2-14 days

#### Cause

A virus of the family Picornaviridee, genus Aphthovirus

#### Mode of Transmission

Spreads by contact with nose and throat discharges, saliva of infected persons, or after touching contaminated objects

#### Signs and Symptoms

- Fever
- Sore throat
- Feeling of being unwell (malaise)
- Painful, red, blister-like lesions on the tongue, gums, and inside of the cheeks
- Red rash, without itching but sometimes with blistering, on the palms, soles, and sometimes the buttocks
- · Irritability in infants and toddlers
- Loss of appetite

#### Treatment

- Treatment is directly toward relief of symptoms (fever and sore throat).
- There is no specific treatment. Signs and symptoms usually clear up in 7-10 days.
- A topical oral anesthetic may help relieve the pain of mouth sores.
- Over-the-counter pain medications other than aspirin, such as acetaminophen or ibuprofen, may help relieve general discomfort.

## Prevention and Control

- There is no specific way to prevent the infection. Good hygiene (e.g., proper handwashing) can decrease the risk of spreading the disease.
- Disinfect premises and all infected materials (implements, cards, clothes, etc.).

#### Reference

- DOH Philippines. (2005). Health Advisory on Foot and Mouth Disease.
- Mersch, John. (2011).rrand Foot and Mouth (HFM) Disease.
   Retrieved from http://www.medicinenet.com/hand-foot-and-mouth\_syndrome/article.htm

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