



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DAVAO DEL NORTE

Office of the Schools Division Superintendent

OFFICE MEMORANDUM
SGOD-2023-0049

To: Assistant Schools Division Superintendent
Chief, Education Program Supervisor, School Governance and Operations Division
Project Development Officer II – Disaster Risk Reduction and Management

Subject: **CONDUCT OF STRESS MANAGEMENT AND MENTAL HEALTH AWARENESS FOR TEACHERS**

Date: June 21, 2023

Dagohoy Elementary School of Talaingod District shall conduct a **Stress Management and Mental Health Awareness for Teachers** on **June 24, 2023 (Saturday)** at **Dagohoy Elementary School**.

In line with the school's request, Ms. Mary Kristine C. Sagot, Project Development Officer II – Disaster Risk Reduction and Management (DRRM) is advised to serve as resource speaker on the said activity.

Also, pursuant to DepEd Order No. 53, s. 2003, this office grants Compensatory Overtime Credit (COC) for rendering services during weekends.

Travelling and other allowable expenses shall be charged against local funds subject to the usual accounting and auditing rules and regulations.

Everyone is enjoined to continually support and recognize the value of equality and diversity as well as ensure STRICT adherence to the health and safety protocols in all undertakings relevant to the activity.

For immediate dissemination and compliance.




REYNALDO B. MELLORIDA, CESO V
Schools Division Superintendent

