



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DAVAO DEL NORTE

Office of the Schools Division Superintendent

OFFICE MEMORANDUM
SGOD-2023 – 063

To: **DR. ANGELINE C. PAULMA – Division Medical Officer III**
MA. LUISA O. CUYOS, RN – School Mental Health Main Focal
MERCY M. DELA CRUZ, RN,EDL – School Mental Health Alternate Focal

Subject: **TRAINING ON MENTAL HEALTH GAP ACTION PROGRAMME (MhGAP)**

Date: **August 22, 2023**

1. Attached is Regional Memorandum ESSD-2023-328 titled: **Training on Mental Health Gap Action Programme (MhGAP)**
2. In line with the above-mentioned memorandum you are hereby advised to attend the said activity on September 4-6 , 2023 at Grand Regal Hotel, Davao City.
3. Travelling expense incurred shall be charged against Division MOOE support funds, subject to the usual accounting and auditing rules and regulations.
4. The Equal Opportunity Principle (EOP) shall be employed at all times where all individuals are fully recognized regardless of gender, religion, ethnicity and political affiliation, in the provision of developmental opportunities for Learners and Personnel.
5. For your guidance and compliance

REYNALDO B. MELLORIDA, CESO V
Schools Division Superintendent

For the Schools Division Superintendent



RAMEL M. PILO
SGOD CHIEF

Page 1 of 2



Address: Mankilam, Tagum City, Davao del Norte
Telephone Number: (084) 216 0188
Website: www.depeddavnor.ph | Facebook: DepEd Davao del Norte



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Republic of the Philippines
Department of Education
DAVAO REGION

Office of the Regional Director

REGIONAL MEMORANDUM
ESSD-2023-328

To : Schools Division Superintendents
Chief Education Supervisor, ESSD

Subject: TRAINING ON MENTAL HEALTH GAP ACTION PROGRAMME
(MhGAP)

Date : August 14, 2023

The Department of Education Regional Office XI, through the Education Support Services Division ensures the safe and sound mental health of the school populace especially while they are in school as much as possible. However, with the growing threats, stressors, and illegal substances present in the environment and with the advent of social media, it is inevitable that one's good and sound mind will be destroyed in terms of judgment and ability to handle emotions.

For the first quarter of 2023, a total of eight completed suicide cases and thirty-two attempted suicide cases were recorded in the School-Based Adolescent-Friendly Health Facilities and both were inflicted by learners themselves.

With these increasing cases of suicide, this Office requests funding and technical support from the Department of Health - Davao Center for Health Development for the conduct of the **Training on MhGAP**, which aims at scaling up services for mental, neurological, and substance use disorders. The program asserts that with proper care, psychosocial assistance, and medication, tens of millions could be treated for depression, schizophrenia, and epilepsy, which will be prevented from suicide, and can begin to lead normal lives - even when resources are scarce.

The activity will be conducted on **September 4-6, 2023**, at the **Grand Regal Hotel**, J.P. Laurel Avenue, Lanang, Davao City. This is to be participated by all SDO - Mental Health Coordinators, Alternate Focal Persons, and Medical Officers (**Annex A**).

Immediate and wide dissemination of this Memorandum is desired.

DEPARTMENT OF EDUCATION
RECORDS SECTION
RELEASED

ALLAN G. FARNAZO
Director IV

Enclosed: As stated

By: *[Signature]*
Date: *Aug 14, 2023*
22729

ROE/smtc



Address: F. Torres St., Davao City (8000)
Telephone Nos.: (082) 291-1665; (082) 221-6147

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Republic of the Philippines
Department of Education
 DAVAO REGION

Office of the Regional Director
 Annex A

LIST OF PARTICIPANTS FOR MhGAP TRAINING

Names	Designation	SDOs
Anna Leah L. Salvado	School MH Main Focal	Davao City
Milabel C. Tolentino	School MH Alternate Focal	
Raymond O. Baquial	Psychological First Aider	
Priscillo Jr. F. Acle	School MH Main Focal	Davao Occidental
Vivien R. Corbet	School MH Alternate Focal	
Jenevive A. Pongase	Division Nurse	Davao del Sur
Kamille Ayn M. Sa-ao	School MH Main Focal	
Felmah Anina B. Elnar	School MH Alternate Focal	
Dr. Christine P. Limbujan	Medical Officer III	
Dheltmie Christine S. Peñas	School MH Alternate Focal	Digos City
Frances Millicent R. Durano	School MH Alternate Focal	
Dr. Jasmine A. Asarak	Denist II	Panabo City
John Carlo L. Ceniza	School MH Main Focal	
Maria Ezelmay S. Cabaylo	School MH Alternate Focal	
Dr. Arlene L. Choi	Medical Officer III	
Lester I. Enumerables	School MH Main Focal	IGACOS
Eunice M. Antalan	School MH Alternate Focal	
Dr. Michelle T. So	Medical Officer III	
Candice M. Campomanes	School MH Main Focal	Tagum City
Miriam B. Lilio	School MH Alternate Focal	
Dr. Dasbir C. Sohal	Medical Officer III	Davao del Norte
Ma. Luisa O. Cuyos	School MH Main Focal	
Mercy L. Dela Cruz	School MH Alternate Focal	
Dr. Angeline C. Paulma	Medical Officer III	
Richel J. Lastimado	School MH Main Focal	Davao de Oro
Godfree L. Espero	School MH Alternate Focal	
Dr. Gringo John F. Pelaez	Medical Officer III	
Charise Stephenie P. Torpio	School MH Main Focal	Davao Oriental
Irish Mate M. Arboleda	School MH Alternate Focal	
Dr. Kimberly B. Luzon	Medical Officer III	
Kate G. Peña	School MH Main Focal	Mati City
Fritzie A. Aparra	School MH Alternate Focal	
Dr. Maria Clotilde Corazon H. Zosa	Medical Officer III	
Stephen Mark T. Castres	Regional School MH Focal	Regional Office



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