



Republic of the Philippines  
**Department of Education**  
REGION XI  
SCHOOLS DIVISION OF DAVAO DEL NORTE

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Office of the Schools Division Superintendent

**DIVISION MEMORANDUM**  
SGOD-2025-0060

To: Janette G. Veloso, EdD, CESO VI - Assistant Schools Division Superintendent  
Eduard C. Amoguis, EdD – Chief, Curriculum Implementation Division  
All Concerned Public Schools District Supervisors  
All Concerned School Heads  
All Concerned School Health Personnel  
All Concerned Non-Teaching Personnel  
All Others Concerned

Subject: **2024 ANNUAL PHYSICAL EXAMINATION RESULT**

Date: February 21, 2024

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1. This Office hereby notifies all employees of the result of the 2024 Annual Physical Examination of Teaching and Non-Teaching Personnel.
2. Additionally, in accordance with Occupational Safety and Health standards, the following legends and casting were used to simplify the results:
  - CLASS A – Physically fit for any work
  - CLASS B – Physically under-developed or with correctible defects, (error of refraction dental caries, defective hearing, and other similar defects) but otherwise fit to work,
  - CLASS C – Employable but owing to certain impairments or conditions, (heart disease, hypertension, anatomical defects) requires special placement or limited duty in a specified or selected assignment requiring follow-up treatment/periodic evaluation.
  - CLASS D – Unfit or unsafe for any type of employment (active PTB, advanced heart disease with threatened failure, malignant hypertension, and other similar illnesses).

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Address: Mankilam, Tagum City, Davao del Norte

Telephone Number: (084) 823 5170

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3. Every school through the school head is encouraged to establish its own wellness club and activities that are suited to the most urgent health issues. It is encouraged to include the district nurse during the planning of the program.
4. The Equal Opportunity Principle (EOP) must be followed at all times while providing developmental possibilities for learners and personnel, regardless of gender, religion, race, or political affiliation.
5. For widest dissemination.

**REYNALDO B. MELLORIDA, CESO V**

Schools Division Superintendent

For the Schools Division Superintendent

**ROSALINDA N. DIONIO**

Administrative Officer V

Enclosed: As Stated  
SGOD/SHS/hsv  
FN: 2024 Annual Physical Examination Result

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DISTRICT	WORK CLASS								TOTAL	Percentage of Submission of Form 86	Percentage of Non-submission of Form 86
	A	%	B	%	C	%	D	%			
New Corella Elementary	106	30.99	70	20.47	166	48.54	0	0.00	342	95.00%	5.00%
New Corella Secondary	110	52.38	29	13.81	71	33.81	0	0.00	210	98.57%	1.43%
Dujali Elementary	64	47.06	29	21.32	43	31.62	0	0.00	136	93.79%	6.21%
Dujali Secondary	85	62.04	34	24.82	18	13.14	0	0.00	137	100.00%	0.00%
San Isidro Elementary	80	39.60	64	31.68	58	28.71	0	0.00	202	100.00%	0.00%
San Isidro Secondary	86	43.65	52	26.40	59	29.95	0	0.00	197	84.55%	15.45%
Langilan	48	51.06	28	29.79	18	19.15	0	0.00	94	73.44%	26.56%
Carmen Elementary	198	51.03	88	22.68	102	26.29	0	0.00	388	99.48%	0.52%
Carmen Secondary	201	65.47	61	19.87	45	14.66	0	0.00	307	98.70%	1.30%
Santo Tomas East Elementary	72	26.57	57	21.03	142	52.40	0	0.00	271	99.00%	1.00%
Santo Tomas East Secondary	48	32.88	49	33.56	49	33.56	0	0.00	146	96.03%	3.97%
Santo Tomas West Elementary	48	23.65	51	25.12	104	51.23	0	0.00	203	99.71%	0.29%

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Sato Tomas West Secondary	107	<b>45.92</b>	83	<b>35.62</b>	43	<b>18.45</b>	0	<b>0.00</b>	233	96.19%	3.81%
Kapalong West Elementary	46	<b>31.29</b>	46	<b>31.29</b>	55	<b>37.41</b>	0	<b>0.00</b>	147	86.47%	13.52%
Kapalong West Secondary	9	<b>81.82</b>	1	<b>9.09</b>	1	<b>9.09</b>	0	<b>0.00</b>	11	45.83%	<b>54.17%</b>
Kapalong East Elementary	91	<b>48.15</b>	13	<b>6.88</b>	84	<b>44.44</b>	1	<b>0.53</b>	189	77.78%	<b>22.22%</b>
Kapalong East Secondary	36	<b>38.71</b>	29	<b>31.18</b>	28	<b>30.11</b>	0	<b>0.00</b>	93	86.92%	<b>13.08%</b>
Asuncion Elementary	164	<b>47.13</b>	68	<b>19.54</b>	116	<b>33.33</b>	0	<b>0.00</b>	348	99.71%	0.29%
Asuncion Secondary	34	<b>36.96</b>	15	<b>16.30</b>	43	<b>46.74</b>	0	<b>0.00</b>	92	70.23%	<b>29.77%</b>
Talaingod Elementary	204	<b>66.67</b>	74	<b>24.18</b>	28	<b>9.15</b>	0	<b>0.00</b>	306	92.38%	7.62%
Talaingod Secondary	49	<b>62.03</b>	19	<b>24.05</b>	11	<b>13.92</b>	0	<b>0.00</b>	79	100.00%	0.00%
<b>TOTAL</b>	<b>1886</b>	<b>50.35</b>	<b>960</b>	<b>25.63</b>	<b>1284</b>	<b>34.28</b>	<b>1</b>	<b>0.03</b>	<b>3746</b>	<b>AVE 90.18%</b>	<b>9.82%</b>





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Suggested Health Programs per Worker Class

CLASS A

- Regular Health Check-ups: Regular evaluations by their Primary Care Physician or Primary Care Dentist
- Immunization
- Fitness Programs: Access to gym facilities or fitness classes that promote cardiovascular health, strength training, and flexibility.
- Nutrition Workshops: Educational sessions on balanced diets, meal planning, and healthy eating habits to support sustained physical fitness.
- Stress Management Programs: Workshops or seminars on stress reduction techniques such as mindfulness, yoga, or meditation.

CLASS B

- Corrective Health Assessments: Regular evaluations by their Primary Care Physician or Primary Care Dentist to monitor conditions like refractive errors or dental issues.
- Rehabilitative Services: Access to physiotherapy or occupational therapy for those with specific impairments that need correction.
- Dental Care Initiatives: Providing access to dental check-ups and treatments to address dental caries and other oral health issues.
- Vision Screening Programs: Regular eye exams and provision of corrective lenses for those with vision impairments.
- Immunization

CLASS C

- Job Placement Services: Collaborating with the Human Resource Department to find suitable job roles that accommodate the worker's limitations while leveraging their strengths.



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- Health Monitoring Programs: Regular follow-up evaluations by their attending physicians to manage chronic conditions like heart disease or hypertension effectively.
- Workplace Accommodations Training: Educating employers about necessary adjustments in the workplace (e.g., ergonomic assessments) to support these workers.
- Support Groups: Establishing peer support groups where individuals can share experiences and coping strategies related to their conditions.
- Regular Health Check-ups: Regular evaluations by their Primary Care Physician or Primary Care Dentist
- Immunization
- Fitness Programs: Access to gym facilities or fitness classes that promote cardiovascular health, strength training, and flexibility.

**CLASS D**

- Comprehensive Medical Treatment Plans: Ensuring access to specialized medical care for serious conditions such as active pulmonary tuberculosis (PTB) or advanced heart disease.
- Mental Health Support Services: Providing psychological counseling and support services for emotional well-being during recovery periods.
- Rehabilitation Programs: Structured rehabilitation services aimed at recovery from serious illnesses, including physical therapy and lifestyle modification programs.
- Social Support Services: Connecting individuals with community resources for financial assistance, housing support, and social services during their recovery phase.