



Republic of the Philippines  
**Department of Education**  
REGION XI  
SCHOOLS DIVISION OF DAVAO DEL NORTE

**Office of the Schools Division Superintendent**

**DIVISION MEMORANDUM**

SGOD-2025-0104

**TO:** Assistant Schools Division Superintendent  
Chief, Curriculum Implementation Division  
Climente Timbal, Public Schools District Supervisor- Sto. Tomas East District  
Ricardo Jr. Olmedo, Principal IV, Sto. Tomas National High School  
All Others Concerned

**SUBJECT: FIT MIND PLUS ACTIVITY: MENTAL HEALTH CONFERENCE**

**DATE:** March 18, 2025

1. Relative to the letter from the Provincial Governor's Office through the Provincial Sports and Youth Development Office (PSYDO), this Office hereby advises the following teaching personnel and learners to attend the Fit Mind Plus Activity: a 2-day Mental Health Conference on March 26-27, 2025, 8:00 a.m. to 5:00 p.m. at the Bulwagan ng Karunungan, Government Center, Mankilam, Tagum City, to wit:

NAME OF PARTICIPANTS	DESIGNATION
Teresa F. Bendoy	Teacher Adviser
Jullian Paul B. Pasacan	Student- President, Peer Educator Officer
Mhike Degorio	Student- Vice President
Ashly Arcenal	Student- Secretary
Eugene Casinas	Student- Treasurer
Gabriel Hope Malinao	Student- Auditor
Irah Lei Tuñacao	Student- PIO
Jeff Capuyan	Student- Protocol Officer

2. In adherence to the DepEd's commitment to quality education, this Office also advises the concerned School Head to observe necessary arrangements for any classes of the aforementioned teaching participant, taking cognizance of the non-disruption of classes. Further, parental consent must be obtained from the learner participants prior to the said activity.
3. Travel and other incidental expenses shall be charged against local funds subject to the usual auditing rules and regulations.
4. Everyone is encouraged to continually support and value the Equal Opportunity Principle (EOP).
5. Immediate dissemination of this Memorandum is desired.

**REYNALDO B. MELLORIDA, CESO V**  
Schools Division Superintendent

3-18-25

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10 February 2025

28 FEB 2025

DR. REYNALDO B. MELLORIDA, CESO-V  
Schools Division Superintendent  
DepEd - Division Office of Davao del Norte  
This Province

Dear Dr. Mellorida:

*Maluhay ug Malaymo!*

The Provincial Government of Davao del Norte, through the Provincial Sports and Youth Development Office (PSYDO), continues to fulfill its mandate to provide better and more equitable services to our youth.

Given the fact that mental health challenges appear to be a serious growing concern affecting our young generation today, we find it timely to hold the *Fit Mind Plus Activity, a 2-day Mental Health Conference* designed for peer educators and young counselors to provide them a platform where they can freely exchange insights, refine their skills, and explore innovative strategies to enhance peer counseling.

In light of this activity, may we respectfully request your good end to allow the number of identified participants from the following school(s) under your division to participate in the said activity, which will be held on 26-27 March 2025, 8:00 A.M. - 5:00 P.M. at the *Bulwagan ng Karunungan, Government Center, Mankilam, Tagum City, this Province, viz.*

Name of School	No. of Participants & Profile (President down to Protocol Officers)
Sto. Tomas National High School	7

Should you have inquiries regarding this, please feel free to contact PSYDO through Ms. Leizel B. Rulite, MPA, MBA-TRM thru mobile number, (0915) 220 3125.

Thank you very much and we look forward to your support in this undertaking as we continue to ensure the best welfare of our youth.

Very truly yours,

For and on behalf of the Governor:

ATTY. RALPH P. DELA CRUZ, LT COL PA (RET)  
Provincial Administrator