



Republic of the Philippines
Department of Education
REGION XI
SCHOOLS DIVISION OF DAVAO DEL NORTE

Office of the Schools Division Superintendent

DIVISION MEMORANDUM
SGOD- 2025-0318

To: Assistant Schools Division Superintendent
Education Program Supervisors
Division Sports Officer
Public Schools District Supervisors
Public and Private School Heads

Subject: **REFRESHER COURSE FOR COACHES 2025**

Date: August 15, 2025

1. In support of the Department of Education's (DepEd) thrust of promoting the quality of the Palarong Pambansa, particularly in coaching and training potential student-athletes, the Division of Davao del Norte shall conduct **Refresher Course for Coaches** on September 11-13, 2025, at Sto. Tomas National High School, Menzi, Tibal-og, Sto. Tomas, Davao del Norte.
2. The participants are regular and para-games coaches and intended to coach in different events and each district must have participants in combative events (Wrestling, Wushu, Arnis, Taekwondo, and Boxing) and new regular sports events (Pencak Silat and Weightlifting).
3. The competencies covered during the affected days of the refresher course can be taught to the learners in advance to ensure they stay on track with their lessons. Similarly, teachers should prepare the learning activity materials ahead of time so these can be used by substitute teachers handling the classes of those participating in the training. All of this should be done under the supervision of the school principal.
4. Attach herewith is the list of resource speakers.
5. A registration of 150.00 pesos for each participant to defray expenses such as; food and snacks for the facilitators, supplies and materials, minimal honorarium for plenary resource speakers, and electricity chargeable against PTA/personal funds.
6. The participants are required to register online at **https://formurl.com/to/2025_Refresher_Course_Pre-Registration** on and before September 9, 2025.



Address: Mankilam, Tagum City, Davao del Norte
Telephone Number: (084) 823 5170
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7. Service credits/Compensatory overtime credits (COC) shall be granted to the participants pursuant to DepEd Order No. 53, s. 2003.
8. In adherence to all policies, everyone is encouraged to continuously support and value the Equal Opportunity Principle (EOP).
9. Immediate dissemination of this Memorandum is desired.

REYNALDO B. MELLORIDA, CESO V
Schools Division Superintendent

For the Schools Division Superintendent:



DR. EDUARD C. AMOGUIS
CES- Curriculum Implementation Division

SGOD/afl
Fn: Refresher Course 2025



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Enclosure to Division Memorandum SGOD 2025-0318

**LIST OF RESOURCE SPEAKERS ON
2025 REFRESHER COURSE FOR COACHES**

No.	NAME	DESIGNATION	TOPIC
1	Arnel F. Labasan	SEPS/DSO	Updates Sports Activity / & Coaching Methodology
2	Giovanni I. Gulanes	PG Department of PSYDO	Different Coaching Style and Performance Enhancement
3	Rogelio D. Jurada	DSAC	Updates and Eligibility of Athletes /Coaches
4	Allain Amor Siongco	COS/TA-I/Nutritionist	Nutrition Program
5	Brokenshire Medical Center	Medical Doctors	Sports Medicine
6	Judith Galano	Principal	Athletics (Track)
7	Tito Lao-ay	Teacher I	Athletics (Track)
8	Antonio Acupan	MT-II	Athletics (Field)
9	Abelardo Jr. D. Cardinal	Principal	Arnis
10	Bernard Eugenio	AP-II	Archery
11	Denise L. Lagumbay	Technical Assistant I	Sports Science/Arnis
12	Teodiliza Guboc	Teacher III	Badminton
13	Elias Limotin	Principal	Baseball
14	Ian Flor Dosado	Principal	Basketball
15	Wendel Maglente	Head Teacher I	Basketball
16	Ricardo Jr. Olmedo	Principal	Boxing
17	Larry A. Ucol	Principal	Billiards
18	Rachael Samsona	Master Teacher II	Chess
19	Renzo Cortez	Teacher I	Chess
20	Bryan Benegian	Teacher III	Football
21	Cristopher Benegian	Master Teacher I	Futsal
21	Joy Darunday	Principal	Gymnastics WAG
22	Gladys Chatto	Teacher	Gymnastics
21	Margin S. Bendoy	Master Teacher II	Gymnastics RG
22	Welson Lara	Teacher III	Gymnastics MAG
23	Nick Paulo Refailes	Teacher I	Gynastic Aerobics
24	Ronald Ambrocio	Teacher III	Dancesports



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25	Allan Iturma	Master Teacher	Pencak Silat
26	Aldrin A. Martinez	Master Teacher I	Sepak Takraw
27	Giovanni Quiocho	Principal	Softball
28	Randy Lumapat	Principal III	Swimming
29	Arnold Villa	Teacher II	Table Tennis
30	Peter Rulida	Teacher II	Taekwondo
31	Ariel Macalde	Principal I	Taekwondo
32	Jonell Carlo Mallorca	Teacher III	Tennis
33	Jessie Lamsin	Master Teacher	Volleyball
34	Restituto Digal	Principal III	Wrestling
35	Arnold Leonor	Teacher II	Wushu
36	Gladelyn Venna L. Sanchez	Teacher I	Weightlifting
37	Rizza Pinton	Master Teacher I	Paragames Goal Ball/Swimming
38	Charlene Mae Almonte	SPET II	Paragames Bocce
39	Jesamine Lamela	Teacher I	Paragames Athletics
40	Danilo Jr. Lumayno	EPS-II	QAME Associates
41	Jocelyn Cardinal	Nurse II	Welfare Officer
42	Doreen Opiana	Nurse II	Welfare Officer
43	Mercy Dela Cruz	Nurse II	Welfare Officer

WORKING COMMITTEES ON REFRESHER COURSE FOR COACHES

Chairman : REYNALDO B. MELLORIDA, CESO V
Vice Chair: ARNEL F. LABASAN
RICARDO JR. M. OLMEDO
BERNARD K. MALLORCA
BERNARD S. EUGENIO

PROGRAMME

Chairman : WENDIE C. CAGADAS
Members: JOEL S. VILLARIN
GLEN A. BALGOMA
JOVELON A. DURBAN
HARLEY ADOLFO
MELODY A. YCOY
REGINE ROSE RICARDEL



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Handwritten signature/initials



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HALL PREPARATION / RESTORATION

Chairman: JOSEPH T. MILITANTE
Members: JANU ARROYO
VINCENT MARTIN
RODERICK C. RODRIGUEZ
PRINCE HON BENEDICT LANYOHAN

LIGHTS AND SOUNDS

Chairman: ELMER GEMAR
Members: ARDION DELA GENTE

SECRETARIAT

Chairman: JOAN S. DALISAY
Members: MARILOU P. CUBERO
REAME ABERGONZADO
GENEVIEVE B. LEBRIA
MARY GRACE Q. BOBO
TERESA F. BENDOY
JESAMEN VILLA
BEVERLY VILLARINO

FOODS AND SNACKS

Chairman: LANI D. MARTINEZ
Members: MAREVIE DESAMPARO
LIAN ANTONIANO
CATHERINE P. ROSOS
MARILOU CABERTO

HOSTS

Chairman: RENE MARCO SULAMIN
Members: JEANILYN ABREA